

# GOVERNMENT COLLEGE BAROTA, GOHANA (SONEPAT)

## Summary of Lesson Plans of College Faculty for Academic Session 2024-25

**Name of Assistant/Associate Professor:** Dr. PARDEEP KUNDU

**Class:** ALL CLASSES

**Subject:** PHY. EDU. & SPORTS

**Semester:** Ist, IIIrd & Vth

**Physical Education as DSC subject taught in B.A. Ist Year**

Months	Topics/Chapters to be Covered
<b>AUGUST 2024</b>	Practice of various games for participation in MDU Inter College tournaments & DHE Sponsored Inter College tournaments.
	Concept of Physical Education: Meaning, Definition & Scope
	Aims & Objectives of Physical Education
	Importance of Physical Education in modern era
	Misconception about Physical Education
<b>SEPTEMBER 2024</b>	Practice of various games for participation in MDU Inter College tournaments & DHE Sponsored Inter College tournaments.
	History of Physical Education in Ancient Greek, Comparative study of Spartan & Athenian Education
	History of Physical Education in Germany, Sweden & Denmark
	History of Physical Education in India (Pre- Independence & Post Independence Era)
<b>OCTOBER 2024</b>	Origin & development of Olympic Games (Ancient & Modern)
	Origin & development of Commonwealth Games
	Origin & development of Asian Games & National Games
	Practice of various games for participation in MDU Inter College tournaments & DHE Sponsored Inter College tournaments.
<b>NOVEMBER 2024</b>	National Awards: Major Dhyan Chand Khel Ratna Award, Arjuna Awards, Dronacharya Award, Dhyan Chand Award
	National Programme/ Schemes: Sports Authority of India, Fit India Movement, Khelo India, Target Olympic Podium Scheme
	Planning to organize the College Annual Athletic Meet in Second week of November.
	Practice of various games for participation in MDU Inter College tournaments & DHE Sponsored Inter College tournaments.

  
Signature of Asst/Asso. Professor